

PEER SUPPORT

EQCS empowers Certified Peer Support coaches with lived experience to assist our members with mental illness and or substance use disorder. Our Certified Peer Support specialist have completed at least 40 hours of intensive Peer Support training. They offer insight as they help our members in recovery build self-advocacy skills and learn to better manage their mental health and substance use disorder. This can include in home, hospital emergency rooms, inpatient programs, health departments, licensed behavior health centers and within our own facilities.

EMPOWERMENT QUALITY CARE SERVICES



HELPING FAMILIES REBUILD ONE PIECE AT A TIME



EQCS

EMPOWERMENT
QUALITY CARE SERVICES

SERVICE PROVISION

a. Peer mentoring or coaching (one-on-one) – to encourage, motivate, and support Member moving forward in recovery. Assist Member with setting self-identified recovery goals, developing recovery action plans, and solving problems directly related to recovery, such as finding housing, developing natural support system, finding new uses of spare time, and improving job skills. Assist with issues that arise in connection with collateral problems such as legal issues or co-existing physical or mental challenges.

b. Recovery resource connecting – connecting a Member to professional and nonprofessional services and resources available in the community that can assist a Member in meeting recovery goals.

c. Skill Building Recovery groups – structured skill development groups that focus on job skills, budgeting and managing credit, relapse prevention, and conflict resolution skills and support recovery.

d. Building community – assist a Member in enhancing his or her social networks that promote and help sustain mental health and substance use disorder recovery. Organization of recovery-oriented services that provide a sense of acceptance and belonging to the community, promote learning of social skills and the opportunity to practice newly learned skills.

CALL 704-717-7477 TO ENROLL

www.eqcscharlotte.com

"Helping Families Rebuild - One Piece At A Time"

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